



ST SAVIOUR'S CHURCH

SANDPIT LANE | ST ALBANS | AL1 4DF

stsavioursstalbans.com

5 JULY 2026
5th SUNDAY AFTER TRINITY

Welcome to St Saviour's

The **Parish Pantry** and food bank collection takes place today at the back of the church.

Mthr Emily's her first mass is this afternoon at 4pm, after which there will be refreshments, including a bring and share supper and drinks from the Jolly Saviour bar. All welcome.

The **Monday evening Bible Study** group meets at 8pm tomorrow in the vicarage to look at the gospel reading for the coming Sunday. All welcome.

Sundays at Ten has finished for the summer. It will be back in September.

Beer & Fizz Festival Friday 10 - Sunday 12 July. See the programme for details. On Sunday the 10am Parish Mass is replaced at 10.30am by the Beer Festival Service with the Ewan King Jazz Quintet. (broken is cancelled this month.)

WEEK AHEAD

Monday	8.00pm	Bible Study in the Vicarage
Tuesday	10.00am	Low Mass with Lectio Divina
	12.30pm	Lunch at Jan's (See Notices)
Thursday	7.00pm	Mass for the Mission of the Church followed by prayer before the Sacrament & Benediction
Friday	9.30am	Tots Time
	2.00pm	Tea Club (See Notices)
Saturday	Benedict of Nursia, Abbot of Monte Cassino, Father of Western Monasticism, c.550	
	10.00am	Mass of the Blessed Virgin Mary followed by the Parish Walsingham Group

Evening Prayer is said at 5.30pm Monday to Thursday & 4.30pm Friday in the Lady Chapel

NEXT SUNDAY

6th SUNDAY AFTER TRINITY

8.00am	Low Mass
10.30am	Beer Festival Service with the Ewan King Jazz Quintet

Readings Romans 8.1-11; Matthew 13.1-9,18-23

COLLECT

Almighty and everlasting God,
by whose Spirit the whole body of the
Church is governed and sanctified:
hear our prayer which we offer for all your
faithful people,
that in their vocation and ministry
they may serve you in holiness and truth
to the glory of your name;
through our Lord and Saviour Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All **Amen.**

THE LITURGY OF THE WORD

READING *Romans 7.15-25a*

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

This is the word of the Lord.

All **Thanks be to God.**

THE GOSPEL *Matthew 11.16-19,25-30*

The Lord be with you.

All **And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

All **Glory to you, O Lord.**

At that time Jesus said, 'To what will I compare this generation? It is like children sitting in the market-places and calling to one another, "We played the flute for you, and you did not dance; we wailed, and you did not mourn." For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds. I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

SERMON Father Richard

THE CREED

PRAYERS OF INTERCESSION

THE LITURGY OF THE SACRAMENT

THE PEACE

EUCHARISTIC PRAYER

THE COMMUNION

PRAYER AFTER COMMUNION

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord.

All **Amen.**

BLESSING AND DISMISSAL

NOTICES

Please pray for

Those who are sick and in need Leverage Johnson, David Atkinson, Hilary Miller, Nicky Brown, Joan Hammerton, Che, David, Sally, Fred Ward, Rex Winn, Doug Reavley, Michael Downing, Christy Carroll, Annie Manning.

The recently departed Simon New, Mark McKay, John Winter.

Those whose Year's Mind falls this week

Sunday Elizabeth Jackson; **Monday** Susan Garrod, Raymond Lakin; **Tuesday** Robert Arnold, Winifred Feetham, Isabel Hextall, Jeremy Luke; **Wednesday** Alice Lott, Nina Lovett, Humphrey Smith, David Woodward; **Thursday** John Houghton, Andrew Oakes; **Friday** Francis Baker, Gladys Bush; **Saturday** Ivan Jones.

John Winter RIP John's funeral will be at St Saviour's on Wednesday 22 July at 11am and refreshments will be served at St Paul's church in Blandford Road from 2pm. The committal will take place at West Herts Crematorium and will be private. We would love to have the support of our St Saviour's family at the funeral service and refreshments. It would be helpful for printing and catering purposes if you could let Gloria know if you're planning to attend. Thank-you for all the cards, flowers, food, and offers of help that have arrived in great abundance!

Gloria, Ben, Michael, Nick and Tim

Hightown Housing Association As the weather gets warmer they have a desperate need for bottled water, snacks and men's t-shirts and joggers. Any donations can be left in the box in the porch.

Eco Corner (1) You can watch the People's Emergency Briefing on Thursday 9 July at St Luke's Church, St Albans. This short film, hosted by Chris Packham, sets out the climate and nature risks facing the nation - and the credible, positive responses available. There will be a screening at St Saviour's on Tuesday 22 September.

Eco Corner (2) A Community Garden is planned for the hall garden in the autumn. Help is needed create it, provide plants, and do planting and watering etc. It's a community project so tell your neighbours, they can help too. To find out more, speak to Elaine or Ellie.

Open Garden Bishop of St Albans's hidden two acre city centre oasis. Sundays 5, 12, 19 July, 2-4pm. Abbey Gate House, Abbey Mill Lane, AL3 4HD. Entrance £5 per adult. Dogs on leads, no toilet facilities. Proceeds in aid of the Beds and Herts Historic Churches Trust.

Women's Group Lunch at Jan's, Tuesday 7 July at 12.30pm. Nothing to bring.

Tea Club meets on Friday 10 July - a week early - from 2-4pm in the church hall. This month we welcome Martin Attridge and 'Len the Greyhound'. New Tea Club members and helpers, and offers of cakes, always welcome. Contact Tina on teaclubstsaviours@gmail.com for more information.

Walsingham There is a sign-up sheet at the back of church for anyone who would like to go on the day trip to Walsingham on Saturday 18 July. For more details see Fr Andrew or Diane.

Contact Us Vicar - Fr Richard Watson, vicar.stsaviours@gmail.com, 01727 851526; Curate - Mthr Emily Lloyd, curate.stsaviours@gmail.com; Website www.stsavioursstalbans.com